



Lëtzebuurger
Guiden a Scouten

Elaborated by the
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Sustainability checklist

Organising activities sustainably




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The LGS have set themselves the goal of becoming more sustainable. But what does this mean exactly, and how should each individual group, troop, leader or member implement sustainability in a larger activity? This checklist is designed to help with that. It is complemented by several sheets, that give tips on various topics and detailed information. The file can be found in the Chefbox at the desk under AG Nohaltegkeet - „Nohaltegkeet um Camp“.

Sustainable behaviour should be rewarded:



- **Check off the items** you have completed for your activity in the checklist.
- **If you can meet all the items marked with**  **and at least 9 items without** , you have earned yourself a reward! Let the AG Nohaltegkeet know, the most sustainable activities will be rewarded with a gift.

If you have questions about the checklist or are unsure about how to implement the various points, feel free to contact the AG Nohaltegkeet at

nohaltegkeet@lgs.lu

If you find that this document doesn't cover everything, don't hesitate to add additional points to your checklist and/or send your feedback.



1) Message and educational goals



An important aspect is drawing attention to the specific points how we all can contribute to sustainability.



To raise awareness among our participants we explain why sustainability has deliberately moved into focus.

We integrate the topic of sustainability into our program.

e.g. a board game with sustainability goals, a rally with questions about water, crafting with sustainable materials or waste, etc., ask our partners like the ONGD "Guiden a Scouten fir ENG Welt" or check out the tool box for ideas



We teach our participants about the sustainability measures we have deliberately implemented in our concept.

e.g. explaining why we shop in a particular way, why we support local bakeries and/or why we encourage participants to bring food boxes to the camp.

We engage the participants and listen to their wishes and suggestions on the subject of sustainability.



2) Transport



In order to reduce traffic and avoid unnecessary emissions, we opt for sustainable or public transport.



We have checked how to reach an activity by public transport using e.g. mobiliteit.lu and shared the information with the participants.

For older groups (Avex and older) we consider whether a hike or a rally is a possibility to bridge the distance between the nearest stop

We consider public transport options while choosing a chalet or a campsite.



We have adjusted the schedule of our activity/ies to align with public transport timetables.



We organize carpooling groups for the activity in advance, possibly already at registration.

We plan for bike racks or an alternative.



3) Planning food supply



To ensure sustainable food supply, preparation is key.



We include food boxes (for left overs) on the participants' packing lists.

We research nearby bakeries, butchers, farmers, milk filling stations, etc.



We familiarize ourselves about sustainable and fair labels as well as where to buy them

We inform ourselves at the stores, what possibilities they offer regarding larger quantities without packing.



We plan balanced meals and aim to minimize the use of animal and exotic products.

We consider adapting the meals to the season.

e.g. avoiding pumpkin soup in the summer and strawberries during winter, etc.



4) Grocery shopping



To enable sustainable grocery shopping, adequate preparation and time is key.



Before shopping, we verify the number of participants and adjust the quantities to cancellations.

We avoid buying food for the entire activity at once, so we can adjust quantities based on actual consumption (for activities over several days).

e.g. purchasing bread in smaller amounts or purchasing long-lasting options like UHT milk.



We plan the meals in a way that leftovers can be utilized again.

We buy fresh supplies at the counter in big quantities.



We use eco-friendly bags, cardboard boxes, fruit and vegetable nets and/or fabric baskets for shopping

We request that our food be packed in our own containers or bags (butchers, cheese makers, bakers, etc.)

Among other things, we take our egg boxes with us and buy our eggs in bulk if possible.



We primarily buy seasonal, local, organic and/or fair-trade products.

We use reusable bottles and return them.



We drink tap water and avoid buying bottled water.



5) Cooking



We try to minimize leftovers and adapt the food plan spontaneously if leftovers do occur.



Before cooking, we check again how many people will be eating and only prepare what can be consumed.

e.g. don't cook a whole pack of pasta if only half is needed.



We serve food from a central location instead of placing individual items at each table to avoid excess leftovers.

e.g. one glass of jam, rather than multiple jam jars on different tables.



We repurpose leftovers and reduce the quantities for the next meal accordingly.



We use our own food box for leftovers, avoiding aluminum trays or zip bags.

e.g. for "Pakalu" we use a mess tin ("gamelle") instead of aluminium foil.



We bring spices that are already in our stock for the activity.



6) Hygiene



We ensure that the products we use are biodegradable, resource-saving and avoid disposable products.



We use washable dishcloths or sponges for washing and cleaning instead of disposable ones.



Participants bring dishcloths from home.



We replace kitchen paper with reusable dish rags.

We use biodegradable shampoo, (body) soap and cleaning products and prefer those that have not been tested on animals.



When purchasing, we prioritize sustainable labels like „Shop Green“.



We buy recycled toilet paper.

Our waste water is directed into the sewer and not onto the lawn.



7) Material



For larger scouting activities, a lot of material is needed, some of which our group may not own. Here are some ideas to make the handling of materials more ecological. The rule of thumb is borrowing instead of buying.



When purchasing material, we prioritize sustainable labels like „Shop Green“.

For items we don't need often, we consider borrowing it from the municipality, another group or association.

We buy second-hand material whenever possible (advertisements, social media, etc.).

When we purchase special equipment, we let other groups know that they can borrow it from us.



When something breaks, we try to repair it. If it's not possible, we ask ourselves whether it needs to be replaced and if so, whether a more sustainable alternative would be better (e.g.: stainless steel or cast-iron pots compared to aluminum)

We prefer to buy high-quality materials that last longer.



For presentations, we avoid printing a handout for each participant and make them available online instead.



We craft with natural materials or use „waste“ for upcycling.



We avoid laminating items that will only be used once.



8) Recycling



We minimize waste and recycle properly when avoidance is not possible.



We set up or build a recycling station that is accessible to everyone.



We separate waste into at least paper, glass, compost, Valorlux, Superdrecksbüchse and residuals.



We inform participants about the correct use of each bin and what belongs in them.



We take home any leftovers from the activity in our own containers.



9) After the activity



In the spirit of „learning by doing“, it is important to review what went well and identify what can be improved.



We set up a lost and found office that remains accessible for some time after the camp.



Materials that aren't claimed by their owners are donated or given away, not simply thrown away.



After the camp, we conduct an evaluation focussing on the implementation of sustainability during the camp.



We draw up an (age-appropriate) assessment or discussion with the participants about how well the sustainable practices were implemented during the activity.





My notes





Aarbechtsgrupp Nohaltegkeet

Now send your checklist per e-mail to

nohaltegkeet@lgs.lu

Info: chefbox.lgs.lu/desk/checklescht